**PEG Placement Techniques**

### Sachs-Vine Technique

**Push**

- **Step A**
  - A single wire is placed through the trocar and is grabbed by a snare.

### Ponsky Technique

**Pull**

- **Step A**
  - A wire loop is placed through the trocar.

- **Step B**
  - A dilator attached to the tube permits passage over the wire.
  - The wire loop attaches to another loop on the end of the tube permitting the tube to be pulled into position.

- **Step C**
  - The tube is pushed through the esophagus and out via the gastric wall.
  - The wire loop pulls the tube through the esophagus and out via the gastric wall.